

# JANUARY 2012 NEWSLETTER



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707-964-1458

*Awakening Humanity to its Spiritual Magnificence  
By Way of Sacred Community*

## THEME FOR JANUARY: PEACEFUL LIVING



Each Sunday we sing "Yes there is Peace on Earth and It has begun with me." To live in peace is to be peaceful. This takes an absolute trust in the ultimate Goodness of the Universe. No matter what the circumstances, to choose to be peaceful inside regardless of what is happening outside is always an option, some may say the only "Real" choice- all other choices merely continue the illusions of separation. Repeat to yourself whenever you feel that your peace is threatened by anything or anyone:



*"I choose to see the unity of peace instead of the fragmentation of fear."*

(Attitudinal Healing principle)

### APPRECIATION & GRATITUDE FOR OUR DECEMBER SUNDAY CELEBRATION VOLUNTEERS\*

Lorraina Barnard • Sylvia Gilmour • Wysteria Owen •  
Beverlee Younger • Wendy Younger • Nicole Cooley •  
Beah Robinson • Donna Starr • Jim Bogue • Joyce Baker •  
Rev Gail Johnson • Patricia Pryor

Thank You to Joyce Baker for the "Costco Run" Providing Us  
with Plates, Cups & Napkins!

\* These names were taken from the volunteer sign-up sheet for  
December. If you brought flowers or cookies in an act of spontaneous  
giving, we may have missed including your name; however, we thank  
you deeply for your contribution to our Sunday Celebrations!



### HAPPY BIRTHDAY!

JUSTIN CALVINO	1/7
JOYCE BAKER	1/20
RICHARD MILLIS	1/24

## JANUARY CHARITABLE DONATION RECIPIENT: PROJECT SANCTUARY

**Mission: Ending domestic violence and sexual abuse in our community**



Over two thousand victims are served each year by the staff and volunteers of Project Sanctuary. Many families have had the opportunity to break the cycle of abuse through the support and services offered. Individuals have been able to achieve greater personal growth and independence. Project Sanctuary is not a "women's-only" agency. With societal changes, more and more male victims are seeking help with issues like childhood molestation and/or partner abuse. Project Sanctuary can help anyone who is a victim of domestic violence and/or sexual abuse and assault without regard to gender or sexual orientation. Project Sanctuary, Inc. is a private non-profit organization supported by state and local funds and contributions from individuals.

## JANUARY CALENDAR

DATE	SPEAKER	PRESIDER	MUSIC	SPIRITUAL COACH
1	Rev. Tanya Wyldflower- <i>Be the Change</i>	Sylvia Gilmour	Danny Barca	Rev. Tanya Wyldflower
8	Rev. Gail Johnson- <i>Magnetizing Prosperity</i>	Steve Ryals	Danny Barca	JoAnn Skywatcher
15	Rev. Ruth Barnhart- <i>Eye of the Storm</i> <a href="#">New Member Discovery Class</a>	Joyce Baker	Sue Sisk	Wysteria Owen
22	George D'Amato- <i>Turn Your New Years Resolutions into the Gold of Success!</i>	Christina Aanestad	James Gordon	Brigitta D'Amato
29	Rev. Tanya Wyldflower- <i>Something Larger</i> <a href="#">Membership Meeting &amp; Potluck</a>	Carolyn Cathey	Danny Barca	Rev. Gail Johnson
<b>EVENTS</b>				
	Tuesdays: 1:00-2:00	<a href="#">Study Group</a> : Course in Miracles	Mendocino Coast District Hospital: Pt. Cabrillo Rm	
	Wednesdays: 6:00-8:00PM Class begins Wednesday, January 11	<a href="#">PROSPERITY PLUS</a>	Regenerative Design Center Ukiah St. Mendocino	
	Sunday, January 15: 1:00-2:30PM	<a href="#">NEW MEMBER DISCOVERY CLASS</a>	Mendocino Recreation Center- Community Room	
	Tuesday, January 17: 3:00-4:30PM	<a href="#">BOARD MEETING</a> All are invited	Rev. Gail Johnson's Residence- call for directions	
	Friday, January 20: 6:00PM-8:30PM	<a href="#">Spiritual Cinema:</a> <i>THRIVE</i>	Mendocino Recreation Center- Community Room	
	Friday, January 27: 7:00-8:30PM	<a href="#">Spiritual Practices:</a> <i>"Your Choice: 2012- Breakdown or Breakthrough"</i>	Stanford Inn- Big River Room (yoga room)	
	Sunday, January 29: 12:30-2:00PM	<a href="#">ANNUAL MEMBERSHIP MEETING</a>	Mendocino Recreation Center- Twilight Room (room with kitchen)	

### IT TAKES A VILLAGE!

It takes people and supplies to do the things we do- YOU can help by donating:

Printer paper- color/glossy/white • Postage Stamps • Printer Cartridges: Lexmark 100 Ink Cartridges-black & color or Canon 210XL-black/Canon 211XL-color • Dymo Label Writer 330 paper rolls • Blank CD's-printable and plain • File Folders • CD Covers • Envelopes for Welcome Packets- 6"X9" • Heart Stickers for Welcome Packets • Recyclable coffee cups • Napkins • Paper Plates & Bowls-dinner and snack size • Creamer • Packets of honey • Teas •

Items for the Youth Center- check with Rebecca Aum  
[Whatever you can do to help is gratefully appreciated!](#)

Board Members: Rev. Tanya Wyldflower, President: 707-964-1458 • Rev. Gail Johnson, Vice President: 707-964-6855 • Yvonne DeWitt: 707-937-5486 • Dean Watson: 707-962-0479 • Joan Portello, Treasurer • Jo Williams, Secretary Staff: Jo Williams, Business Manager: 937-2779 • Carolyn Cathey, Email Updates/Website: 272-5397 • Rebecca Aum, Youth Director: 937-1696 • Nicole Cooley, Set-Up Coordinator • Donna Starr, Set-Up Substitute

## EVENT DETAILS

Sunday, January 15<sup>th</sup> 1:00-2:30:

**New Member Discovery Class-** An introductory dialog on what is the Mendocino Center for Spiritual Living and what you need to know to determine if we are your spiritual home.  
(Optional: Bring your lunch)

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Sunday, January 29<sup>th</sup>/ 12:30-2:00:

**Annual Membership Meeting and Potluck-** All members are invited to attend the annual Membership Meeting of the Center for Spiritual Living on Sunday, January 29th at 12:30PM following Celebration. Each year we hold a Membership Meeting to celebrate the accomplishments of the previous year, to give our membership the opportunity to review the actions taken by your Board of Trustees, and to celebrate our new members. At this upcoming meeting, you will hear the President's report of our Center's activities and accomplishments as well as a review of our financial expenditures and revenues in the Treasurer's Report. In addition, we will have reports from our Assistant Minister Reverend Gail and other board members. New Board Members will be nominated and approved by Membership vote.

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**Spiritual Cinema Night: *THRIVE***

Friday, January 20<sup>th</sup> / 6:00-8:30PM/ Mendocino Recreation Center (corner of School & Pine St.)

**THRIVE** is an unconventional documentary that lifts the veil on what's REALLY going on in our world by following the money upstream -- uncovering the global consolidation of power in nearly every aspect of our lives. Weaving together breakthroughs in science, consciousness and activism, THRIVE offers real solutions, empowering us with unprecedented and bold strategies for reclaiming our lives and our future. View the movie and join in the community conversation.

**LOVE DONATIONS ARE GRATEFULLY ACCEPTED**

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**Spiritual Practices Evening: Friday, January 27<sup>th</sup> 7:00-8:30PM**

Stanford Inn- Big River Room, Comptche-Ukiah Road, Mendocino

***"YOUR CHOICE: 2012- BREAKDOWN OR BREAKTHROUGH!"***

A presentation and sound-healing experience facilitated by Ron Nadeau

Come in for a 2012 New Year's Spiritual "Tune-Up". This presentation will be informative, interactive, healing and fun! The evening is for freedom seekers looking for relief from fear and will assist participants in birthing & accessing their inner healer, i.e. Christ/Buddha/Awakened consciousness where they can realize the power of choice. Focusing on strengthening your individual Spiritual Experience-using time and events effectively-We will explore ways to remove the major obstacles to the awareness of Love's infinite presence. You will experience the effects of the emerging field of Sound/Music Healing now being used in integrative medicine programs in many health care settings and explore techniques that anyone with clear intention can use to access the Sacred and be "tuned-in" while living your extraordinary life. \$10.00 at the door.

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